

SCARF Three Year School Progression for Three Class Schools

All SCARF lesson plans have been organised into six key themes/ blocks:

- Relationships
- Valuing Difference
- Keeping Myself Safe
- Rights and Responsibilities
- Being My Best
- Growing and Changing

For ease of planning in small schools the progression plan, outlined in this guide can be used by class teachers; one block of lessons per half term. This ensures that the key themes are covered equally over a three year period, avoiding repetition of lessons.

Three class school, three-year progression framework

LOWER STAGES – FIRST YEAR

Me and My Relationships

- All About Me (R)
- What Makes Me Special (R)
- Why we have classroom rules (Y1)
- Thinking about feelings (Y1)
- Our ideal classroom (1) (Y2)

Rights and Responsibilities

- Looking after my special people (R)
- Looking after Friends (R)
- Being helpful at home and caring for our classroom (R)
- Harold's wash & brush up (Y1)
- Around and about the school (Y1)
- Getting on with others (Y2)

Valuing Differences

- I'm special, you're special (R)
- Same and different (R)
- Same OR different? (Y1)
- Unkind, tease or bully? (Y1)
- What makes us who we are? (Y2)

Being My Best

- Bouncing back when things go wrong (R)
- Yes I can (R)
- I can eat a rainbow (Y1)
- Eat well (Y1)
- You can do it! (Y2)

Keeping Myself Safe

- What's safe to go onto my body (R)
- Keeping myself safe:
What's safe to go into my body
(including medicines) (R)
- Healthy me (Y1)
- Super sleep (Y1)
- Harold's picnic (Y2)

Growing and Changing

- Seasons (R)
- Life stages – plants, animals, humans (P1)
- Inside my wonderful body (Y1)
- Taking care of a baby (Y1)
- A helping hand (Y2)

Three class school, three-year progression framework

LOWER STAGES – SECOND YEAR

Me and My Relationships

- Me and my special people (R)
- Who can help me? (R)
- Our Feelings (Y1)
- Feelings & Bodies (Y1)
- Our Special People balloons (Y1)
- Bullying or teasing? (Y2)

Rights & Responsibilities

- Looking after money (1): recognizing using, spending (R)
- Taking care of something (Y1)
- Harold's money (Y1)
- When I feel like erupting (Y2)

Valuing Differences

- Same and different families (R)
- Same and different homes (R)
- Harold's school rules (Y1)
- Who are our special people? (Y1)
- My Special People (Y2)

Being my best

- Healthy eating (R)
- Healthy eating (2) (R)
- Harold has a bad day (Y1)
- Pass on the praise (Y1)
- Harold's bathroom (Y2)

Keeping Myself Safe

- Safe indoors and outdoors (R)
- Listening to my feelings (1) (R)
- Who can help? (1) (R)
- Harold loses Geoffrey (Y1)
- What should Harold say? (Y2)

Growing and Changing

- Life stages – Human life stage. Who will I be? (R)
- Where do babies come from? (R)
- Then and now (Y1)
- Who can help? (2) (Y1)
- Sam moves away (Y2)

Three class school, three-year progression framework

LOWER STAGES – THIRD YEAR

Me and My Relationships

- My Feelings (R)
- My Feelings (2) (R)
- Good friends (Y1)
- How are you listening? (Y1)
- Types of bullying (Y2)

Rights & Responsibilities

- Caring for our world (R)
- Looking after money (2): Saving money and keeping it safe (R)
- How should we look after our money? (Y1)
- Harold saves for something special (Y2)

Valuing Differences

- Kind and caring (1) (R)
- Kind and caring (2) (R)
- It's not fair! (Y1)
- An act of kindness (Y2)

Being My Best

- Move your body (R)
- A good night's sleep (R)
- Harold learns to ride his bike (Y1)
- Catch it! Bin it! Kill it! (Y1)
- Basic 1st Aid (Y1)
- My body needs... (Y2)

Keeping Myself Safe

- Keeping safe online (R)
- People who help to keep me safe (R)
- What could Harold do? (Y1)
- Good or bad touches? (Y1)
- Fun or not? (Y2)

Growing and Changing

- Getting bigger (R)
- Me and my body – Girls and Boys (R)
- Surprises and secrets (Y1)
- Keeping privates private (Y1)
- Haven't you grown! (Y2)

Three class school, three-year progression framework

MIDDLE STAGES – FIRST YEAR

Me and My Relationships

- Being a good friend (Y2)
- As a rule (Y3)
- My special pet (Y3)
- An email from Harold! (Y4)
- Ok or not ok? (part 1) (Y4)
- Ok or not ok? (part 2) (Y4)

Rights and Responsibilities

- Harold goes camping (Y2)
- Our helpful volunteers (Y3)
- Helping each other to stay safe (Y3)
- Who helps us stay healthy and safe? (Y4)
- It's your right (Y4)

Valuing Difference

- Solve the problem (Y2)
- Family and friends (Y3)
- My community (Y3)
- Can you sort it? (Y4)

Being My Best

- What does my body do? (Y2)
- Derek cooks dinner! (healthy eating) (Y3)
- Poorly Harold (Y3)
- What makes me ME! (Y4)
- Making choices (formerly Ed6 Learns to be human) (Y4)

Keeping Myself Safe

- Should I tell? (Y2)
- Safe or unsafe? (Y3)
- Danger or risk? (Y3)
- The Risk Robot (Y3)
- Danger, risk or hazard? (Y4)
- Picture Wise (Y4)

Growing and Changing

- My body, your body (Y2)
- Relationship Tree (Y3)
- Body space (Y3)
- Moving house (Y4)

Three class school, three-year progression framework

MIDDLE STAGES – SECOND YEAR

Me and my Relationships

- Let's all be happy! (Y2)
- Tangram team challenge (Y3)
- Looking after our special people (Y3)
- How can we solve this problem? (Y3)
- Human machines (Y4)
- Different feelings (Y4)

Rights and Responsibilities

- Recount task (Y3)
- Harold's environment project (Y3)
- How do we make a difference? (Y4)
- In the news! (Y4)

Valuing Difference

- Respect and challenge (Y3)
- Our friends and neighbours (Y3)
- Islands (Y4)
- Friend or acquaintance? (Y4)

Being My Best

- For or against? (Y3)
- I am fantastic! (Y3)
- Getting on with your nerves! (Y3)
- SCARF Hotel (Y4)

Keeping Myself Safe

- Some secrets should never be kept (Y2)
- Alcohol and cigarettes: the facts (Y3)
- Super Searcher (Y3)
- How dare you! (Y4)
- Medicines: check the label (Y4)

Growing and Changing

- Respecting privacy (Y2)
- Secret or surprise? (Y3)
- My feelings are all over the place! (Y4)
- All change! (Y4)

Three class school, three-year progression framework

MIDDLE STAGES – THIRD YEAR

Me and my Relationships

- Dan's Dare (Y3)
- Thunks (Y3)
- Friends are special (Y3)
- When feelings change (Y4)

Rights and Responsibilities

- Can Harold afford it? (Y3)
- Earning money (Y3)
- Safety in numbers (Y4)
- Logo quiz (Y4)
- Harold's expenses (Y4)

Valuing Difference

- Let's celebrate our differences (Y3)
- Zeb (Y3)
- What would I do? (Y4)
- The people we share our world with (Y4)

Being My Best

- Body team work (Y3)
- Top talents (Y3)
- Harold's Seven Rs (Y4)
- My school community (1) (Y4)

Keeping Myself Safe

- None of your business! (Y3)
- Raisin challenge (1) (Y3)
- Help or harm? (Y3)
- Know the norms (formerly Tell Ed6) (Y4)
- Keeping ourselves safe (Y4)

Growing and Changing

- Basic first aid (Y2)
- My changing body (Y3)
- Basic first aid (Y3)
- Period positive (Y4)
- Secret or surprise? (Y4)

Three class school, three-year progression framework

UPPER STAGES – FIRST YEAR

Me and my Relationships

- Under pressure (Y4)
- Collaboration Challenge! (Y5)
- Give and take (Y5)
- Working together (Y6)
- Let's negotiate (Y6)
- Solve the friendship problem (Y6)

Rights and Responsibilities

- Why pay taxes? (Y4)
- What's the story? (Y5)
- Fact or opinion? (Y5)
- Two sides to every story (Y6)
- Fakebook friends (Y6)
- What's it worth? (Y6)

Valuing Difference

- That is such a stereotype! (Y4)
- Qualities of friendship (Y5)
- Kind conversations (Y5)
- OK to be different (Y6)
- We have more in common than not (Y6)

Being My best

- Basic first aid (Y4)
- Getting fit (Y5)
- It all adds up! (Y5)
- Five Ways to Wellbeing project (Y6)
- This will be your life! (Y6)

Keeping Myself Safe

- Raisin challenge (2) (Y4)
- 'Thunking' about habits (Y5)
- Jay's dilemma (Y5)
- Spot bullying (Y5)
- Think before you click! (Y6)
- Traffic lights (Y6)
- To share or not to share? (Y6)

Growing and Changing

- Together (Y4)
- How are they feeling? (Y5)
- Taking notice of our feelings (Y5)
- Dear Hetty (Y5)
- Helpful or unhelpful? Managing change (Y6)
- I look great! (Y6)

Three class school, three-year progression framework

UPPER STAGES – SECOND YEAR

Me and my Relationships

- How good a friend are you? (Y5)
- Relationship cake recipe (Y5)
- Being assertive (Y5)
- Assertiveness skills (formerly Behave yourself - 2) (Y6)
- Behave yourself (Y6)
- Dan's day (Y6)

Rights and Responsibilities

- Rights, responsibilities and duties (Y5)
- Mo makes a difference (Y5)
- Jobs and taxes (Y6)
- Action stations! (Y6)
- Project Pitch (parts 1 & 2) (Y6)

Valuing Difference

- Happy being me (Y5)
- The land of the Red People (Y5)
- Respecting differences (Y6)
- Tolerance and respect for others (Y6)

Being My Best

- Different skills (Y5)
- My school community (2) (Y5)
- Independence and responsibility (Y5)
- Five Ways to Wellbeing project (Y6)
- This will be your life! (Y6)
- Basic First Aid (Y6)

Keeping Myself Safe

- Ella's diary dilemma (Y5)
- Decision dilemmas (Y5)
- Play, like, share (Y5)
- Rat Park (Y6)
- What sort of drug is...? (Y6)
- Drugs: it's the law! (Y6)

Growing and Changing

- Changing bodies and feelings (Y5)
- Growing up and changing bodies (Y5)
- It could happen to anyone (Y5)
- Media manipulation (Y6)
- Pressure online (Y6)
- Is this normal? (Y6)

Three class school, three-year progression framework

UPPER STAGES – THIRD YEAR

Me and my Relationships

- Our emotional needs (Y5)
- Communication (Y5)
- Don't force me (Y6)
- Acting appropriately (Y6)
- It's a puzzle (Y6)

Rights and Responsibilities

- Spending wisely (Y5)
- Lend us a fiver! (Y5)
- Local councils (Y5)
- Happy shoppers (Y6)
- Democracy in Britain 1 – Elections (Y6)
- Democracy in Britain 2 - How (most) laws are made (Y6)

Valuing Difference

- Is it true? (Y5)
- It could happen to anyone (Y5)
- Advertising friendships! P7)
- Boys will be boys? - challenging gender stereotypes (Y6)

Being My Best

- Star qualities? (Y5)
- Basic first aid (Y5)
- What's the risk? (1) (Y6)
- What's the risk? (2) (Y6)

Keeping Myself Safe

- Drugs: true or false? (Y5)
- Smoking: what is normal? (Y5)
- Would you risk it? (Y5)
- Alcohol: what is normal? (Y6)
- Joe's story (part 1) (Y6)
- Joe's story (part 2) (Y6)

Growing and Changing

- Help! I'm a teenager - get me out of here! (Y5)
- Dear Ash (Y5)
- Stop, start, stereotypes (Y5)
- Dear Ash (Y6)
- Making babies (Y6)
- What is HIV? (Y6)

Cross Curricular Lessons

Let's have a Tidy Up (Y3)

Can be added to either 'Rights and Responsibilities' or 'Being my Best' units

Volunteering is Cool (Y4)

Can be added to either 'Rights and Responsibilities' or 'Being my Best' units

Captain Coram

Found in the Y6 lessons on the SCARF website but can suitable for Y4-Y6.
These 6 lessons can be used as a standalone unit of work

- Captain Coram 1 - Gin Lane: children's rights in the 18th century
- Captain Coram 2 - Thomas Coram and the Foundling Hospital
- Captain Coram 3 - Funds for Foundlings: 18th century artists raise money for the 1st children's charity
- Captain Coram 4 - Hetty Feather, fictional foundling: children's rights in the 19th century
- Captain Coram 5 - Life for Foundlings in the 20th century
- Captain Coram 6 - Coram today: children's rights in the 21st century