Warwickshire Child and Family Wellbeing

Part of hcrg Care Group

Welcome to our Service Newsletter for Warwickshire Professionals

This newsletter has been designed by the Warwickshire Child and Family Wellbeing service to share vital updates and information with healthcare agencies and other professionals who support children, young people and families across the county.

If you have any questions regarding the information shared in this resource, please don't hesitate to reach out to our service.

What's included in our October 2026 newsletter?

This quarterly newsletter features regular updates from various roles within our service including health visitors, school nurses, infant feeding, SEND support and safeguarding.

This edition includes:

- An overview of the Warwickshire Child and Family Wellbeing Service
- Our service position on Health Care Plans and medical awareness training
- 0-5 Support: Service and Clinic Updates
- Supporting Early Relationships and Parental Wellbeing
- Infant Feeding: Service and Clinic Updates
- 5-19 Support: Service Information
- SEND Support: Local Service Offer and Updates

We would like your feedback

To help us ensure our newsletters are filled with information which is relevant to you and your teams, please complete our online feedback form below.

Click here to access our feedback form



The Warwickshire Child and Family Wellbeing Service

The Warwickshire Child and Family Wellbeing Service supports children, young people, and families across Warwickshire from pregnancy through childhood and adolescence, up to age 19 – and up to 25 for children and young people with special educational needs and disabilities (SEND).

We bring together a range of health professionals, including Health Visitors and School Nurses, to provide seamless, preventative support at every stage of a child's development. Our focus is on promoting good health, reducing inequalities, and helping families feel confident and supported as children grow.
Families can access advice and guidance on everyday concerns such as feeding, sleep, emotional wellbeing, healthy lifestyles, and navigating key transitions like starting school or moving through adolescence. Whether support is needed early on, at times of change, or when challenges arise, we are here to help.

Our service is delivered flexibly across schools, Family Hubs, clinics, community settings, and through home visits where appropriate. We work closely with nurseries, schools, GPs, and partner organisations to ensure children and families receive the right support at the right time, with a strong emphasis on early help and prevention.
As part of our school-age offer, we deliver universal and targeted health programmes, including health needs assessments and the National Child Measurement Programme (NCMP), working in partnership with Healthy Futures (Compass). These programmes help us understand local needs and shape support for children and young people across Warwickshire.

Above all, the Warwickshire Child and Family Wellbeing Service is committed to helping children and young people grow into healthy, confident individuals who are ready to learn and reach their full potential.

Want to learn more about our service?
Visit our service website to learn more about our service offer and the support which we can provide to children, young people and families across the Warwickshire community.

https://warkschildandfamily.co.uk/

0300 247 0072

wcfw.contact@hcrgcaregroup.com



Service Position on Health Care Plans

The Warwickshire Child and Family Wellbeing Service does not develop or provide Health Care Plans for children and young people.

The development and management of Health Care Plans is not included within the commissioned service specification for the Warwickshire Child and Family Wellbeing Service. Consequently, staff employed within the service are neither commissioned nor trained to assess, formulate, or maintain Health Care Plans relating to a child's medical or health needs.

Where a Health Care Plan is required to support a child or young person, this should be requested from the clinician, team, or service responsible for the assessment, treatment, and ongoing management of the child's identified health condition.
If an accredited individual care plan has not been provided by the relevant specialist team, you can access accredited care plans here and use these to support the development of your own health care plans.

Asthma

Severe Allergic Reaction

Epilepsy

Buccal Midazolam

Recommended training courses for education staff

The Warwickshire Child and Family Wellbeing Service do not deliver buccal midazolam training directly to education settings. If you require face-to-face or direct training, please contact the healthcare professional identified within the child's care plan.

Alternatively, please find a list of recommended training courses on the following page that can be accessed by education and wellbeing support staff at a time convenient to them throughout the year.

The Warwickshire Child and Family Wellbeing Service do not specify how frequently training should be undertaken. Please refer to your setting's individual policies, procedures, and indemnity arrangements for guidance on training requirements and renewal periods.

Training Record	Time to Complete	Provider	Additional Information
Childhood Asthma Awareness	10 minutes	Professional Services Archive - Warwickshire Child and Family Wellbeing	Healthier Together
			Asthma (Children and young people) - elearning for healthcare (e-lfh.org.uk)
Anaphylaxis Awareness	11 minutes	Professional Services Archive - Warwickshire Child and Family Wellbeing	Allergic Reaction | Recent Illness or Concern | New Parent and Baby | Healthier Together
			Allergy Training for Schools | Anaphylaxis UK
Epilepsy Awareness	13 minutes	Professional Services Archive - Warwickshire Child and Family Wellbeing	Healthier Together
			Epilepsy for teachers | Epilepsy Action Learning
Buccal Midazolam administration video	10 minutes	How to administer Buccolam.	

The Warwickshire Child and Family Wellbeing Service will continue to work collaboratively with partner agencies and healthcare providers; however, responsibility for the provision of Health Care Plans and training remains with the relevant healthcare service managing the child's health needs and/or education setting.

If you need further information or clarity on this matter, please contact the Head of Service, Kerry McCallum: Kerry.McCallum@hcrgcaregroup.com

Accessing one of our online training videos - On our webpage you will find a drop-down box to select your Warwickshire school. If you are NOT accessing from a primary or secondary school, please select either of the following options which apply for you: **'Early Years Setting' or 'Warwickshire Professional or Agency'**



0-5 Service Support Updates

0-5 Years: Weight Requests

As part of our 0-5 service offer, Health Visitors provide Well Baby Drop-in Clinics, offering a welcoming space to provide families and carers advice, reassurance, and support around weight and growth-related concerns. **Please remember Well Baby Drop-in Clinics are not intended for urgent or acute concerns.**

Unfortunately, due to service capacity, we can not provide routine weighing on behalf of other services. Where there are ongoing health concerns that require regular monitoring by a health professional, families should be directed to the appropriate service for assessment, ongoing monitoring, and follow-up to ensure their needs are appropriately met.

Parents and carers can also access support through the advice line or ChatHealth and may be invited to attend a Well Baby Drop-in Clinic after discussion with the service for a review of their baby's weight if appropriate. Families need to live in Warwickshire to attend these clinics.

Please note: Going forward, the Health Visiting Service will no longer routinely be measuring baby's head circumference at the 6–8-week contact. This measurement will only be undertaken where there is an identified clinical need.

Health Visiting Clinic Location Update - Rugby

The Health Visiting team no longer delivers clinics from the Orchard Centre, Lower Hillmorton Road. Clinics are now held at a number of other community venues across Rugby. Families should check their appointment letter or Accurx message carefully and attend the venue specified. For all enquiries and correspondence, please contact wcfw.contact@hcrgcaregroup.com

Other Rugby clinic venues include:

- Claremont Child and Family Centre, Claremont Rd
- Boughton Leigh Child and Family Centre, Wetherall Way
- Long Lawford Child and Family Centre, Holbrook Rd
- Overslade Community Centre, Buchanan Rd
- Christian Life Centre, 262 Lawford Rd
- Rugby United Reformed Church, 40 Hillmorton Rd





0-5 Service Support Updates

Supporting Early Relationships and Parental Wellbeing

The Mental health specialist team provides targeted support to strengthen early relationships, promote secure attachment and improve parental wellbeing through individual and group interventions.

Video Interaction Guidance (VIG)

- Strengths-based intervention
- Uses filmed parent-infant interactions
- Supports reflection and attunement
- Builds parental confidence and sensitivity

Circle of Security Parenting®

- Evidence-informed attachment programme
- Helps parents understand children's emotional needs
- Promotes secure relationships
- Supports emotional regulation and connection

The Motherhood Circle

- 6-week wellbeing group for new mothers
- Safe space for reflection and peer support
- Focus on identity, wellbeing, self-care and adjusting to motherhood
- Encourages social connection and resilience

If you would like more information regarding these interventions and how they can support parents and carers, please reach out to our service.



Infant Feeding Offer Updates

Infant Feeding Local Offer

Nuneaton, Bedworth, North Warwickshire and Rugby

Our Infant Feeding Team provides a proactive offer of personalised 1:1 postnatal feeding support from birth to 8 weeks, delivered flexibly via telephone, video calls and text messaging. Families can also access **weekly face-to-face drop-in sessions** (with no age limit) held across Nuneaton, Bedworth, North Warwickshire and Rugby.

Our skilled staff are trained in **tongue function assessments** and provide evidence-based resources to support parents at home. Where appropriate, a **breast pump loan service** is available following assessment by a member of the team, ensuring timely, tailored support to help families meet their infant feeding goals.

South Warwickshire

In South Warwickshire, the Infant Feeding Team offers postnatal infant feeding support from birth to 8 weeks via telephone and video calls, following referral by a Health Visitor. Families are provided with evidence-based resources to support feeding at home and build confidence during the early weeks.

Please note that families living in the south of the county are also welcome to attend face-to-face drop-in infant feeding support groups held across Nuneaton, Bedworth, North Warwickshire and Rugby.

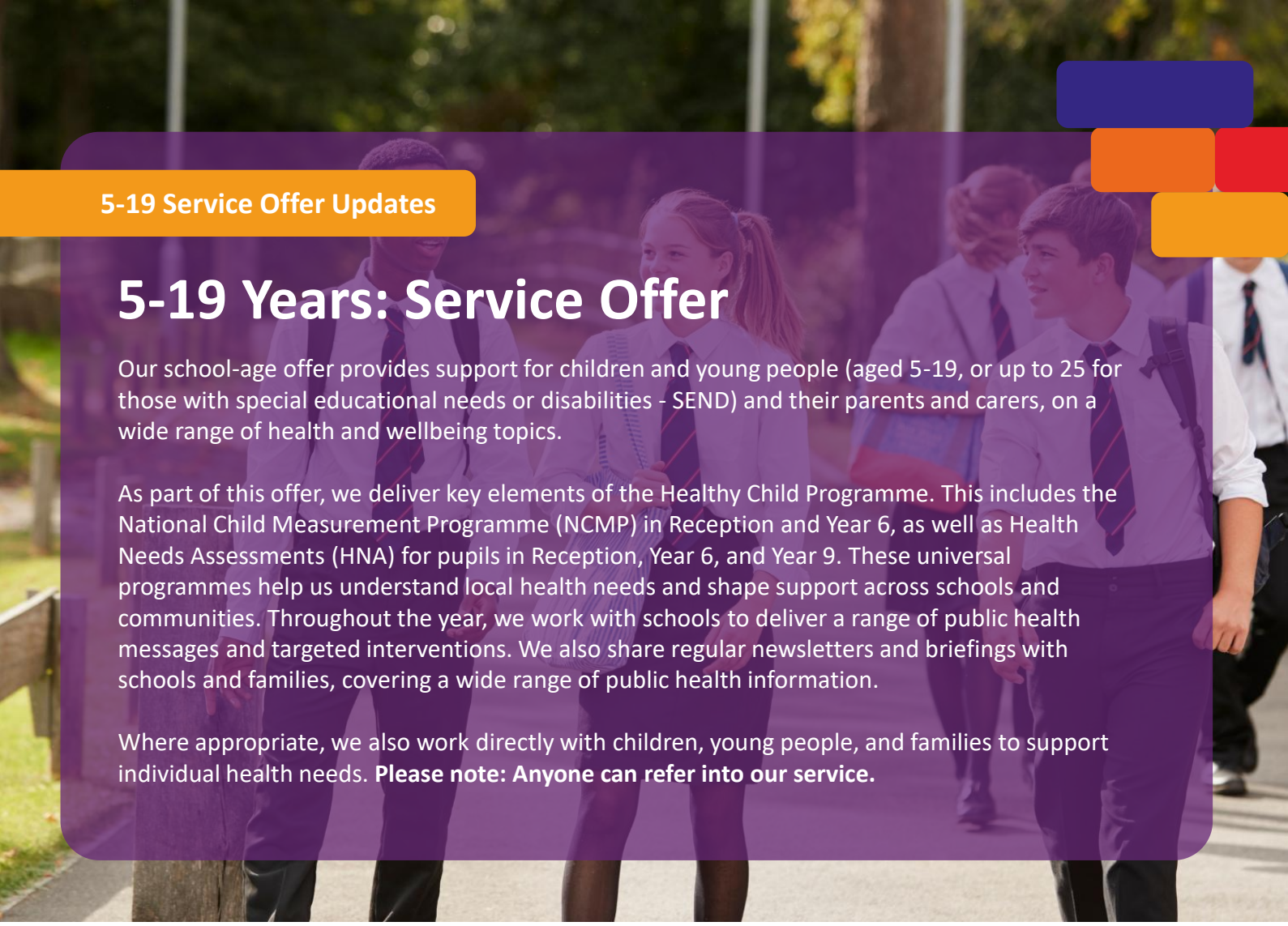
Monthly Virtual Q&A Sessions

If you're working with expectant parents, please help us raise awareness of the support available from the Warwickshire Community Infant Feeding Team. The team offers antenatal breastfeeding support to help parents prepare for feeding their baby and feel more confident about the early weeks after birth. These sessions provide practical information and guidance to help families get the best possible start to breastfeeding.

Parents can self-refer following their 20-week scan by email: wcfw.contact@hcrgcaregroup.com

Or completing our online form: Infant Feeding - Antenatal Virtual Q&A Session Booking Form

Discover our upcoming drop-in sessions by visiting our LinkTree.
https://linktr.ee/nhswarwickshirebreastfeeding



5-19 Service Offer Updates

5-19 Years: Service Offer

Our school-age offer provides support for children and young people (aged 5-19, or up to 25 for those with special educational needs or disabilities - SEND) and their parents and carers, on a wide range of health and wellbeing topics.

As part of this offer, we deliver key elements of the Healthy Child Programme. This includes the National Child Measurement Programme (NCMP) in Reception and Year 6, as well as Health Needs Assessments (HNA) for pupils in Reception, Year 6, and Year 9. These universal programmes help us understand local health needs and shape support across schools and communities. Throughout the year, we work with schools to deliver a range of public health messages and targeted interventions. We also share regular newsletters and briefings with schools and families, covering a wide range of public health information.

Where appropriate, we also work directly with children, young people, and families to support individual health needs. **Please note: Anyone can refer into our service.**

The National Child Measurement Programme (NCMP)

The NCMP measures the height and weight of children in Reception and Year 6 to monitor growth and weight trends across England. The data helps schools, local authorities, and health services understand local needs, plan support, and promote healthy lifestyles for children and families.

Parent/carer's will be provided with the ability to opt out if they wish. Following the measurements, parents and carers will be able to access a secure parent portal to view their child's height and weight results. On the day of the NCMP, children will be given a sticker containing a QR code that provides direct access to the parent portal. The information is not shared directly with the children by our staff.

If you wish to make a referral for school-aged support, please click here to complete our referral form.
We have a duty line staffed by our school nurses Monday-Friday between 9am and 5pm. If you have any queries, please contact us using the main service line.



SEND Service Offer Updates

Local SEND Service Offer

The Warwickshire Child and Family Wellbeing Service provides an integrated 0-25 service offer for children and young people with Special Educational Needs and Disabilities (SEND), delivering coordinated support across childhood and adolescence.

As part of our ongoing commitment to improving outcomes for children and families, we are pleased to announce the countywide rollout of our newly launched **Enhanced Health Visiting Offer for all children with SEND aged 0-5 years.** This service provides comprehensive assessment, targeted intervention, and regular ongoing support, alongside advice, guidance and signposting for families and professionals.

The enhanced offer has been successfully piloted over the past three years, receiving overwhelmingly positive feedback from families, with strong evidence of improved outcomes. We are delighted to now make this support available to children and families across Warwickshire.

In addition, SEND service developments have been introduced within our 5-25 service offer, including a **newly developed pilot programme** delivering public health sessions within specialist educational settings across Warwickshire. These sessions aim to promote health and wellbeing, strengthen early intervention, and improve access to support for children and young people with SEND.

We look forward to evaluating the impact of these developments, gathering feedback from children, young people, families and professionals, and continuing to innovate our services to ensure we meet the evolving needs of children and young people with SEND across Warwickshire.

Further information and a range of SEND resources are available via the SEND section of the service's LinkTree: https://linktr.ee/WarwickshireHealthVisitingInfo

Thank you for reading

Thank you for taking the time to read this newsletter to ensure that children, young people and families are given the right support at the right time.

If you have any questions, please don't hesitate to contact our service.

Main Service Line: 0300 247 0072
Email Address: wcfw.contact@hcrgcaregroup.com
ChatHealth (0-5 support): 07520 615 293
Service Website: https://warkschildandfamily.co.uk/

